

Hello!

I am getting in touch to see if you would be interested in receiving a free copy of *Teach Your Children Well* for review or giveaway on your blog. Here's a bit more about the book:

Every parent wants their child to succeed—but at what cost? In *Teach Your Children Well: Why Values and Coping Skills Matter More Than Grades, Trophies, or "Fat Envelopes,"* psychologist Madeline Levine brings together cutting-edge research and thirty years of clinical experience to explode once and for all the myth that good grades, high test scores, and college acceptances should define the parenting endgame. That might seem counterintuitive, but Levine argues that there is a middle ground to be found—one that both enables academic success *and* helps children develop a sense of purpose, well-being, connection, and meaning.

This book is packed full of great lessons and is broken into four main sections:

- “It’s Not about Bleeding Hearts Versus Tiger Moms” breaks down this false dichotomy and argues instead for a more balanced definition of success.
- “The “School Years” Are Not Just About Academics: A Primer on Child Development” outlines the key lessons that need to be learned from elementary school all the way through high school, as well as advice on what parents can do to best help their child at each stage.
- “The Resilience Factor: Seven Essential Coping Skills” offers insight into the ways parents can best encourage some of life’s most important skills, such as creativity, resourcefulness, strong work ethic, self-control, self-esteem, and more.
- “Walking the Talk” coaches parents through defining their core family values, their guiding principles, and creating an action plan for your family. It ends by offering advice to parents on how to overcome the obstacles that stand in the way of great parenting, including denial, projection, peer-pressure (which Levine says parents are subject to just as much as their kids!), and the fear of sounding like their own parents.

Teach Your Children Well is a toolbox for parents who want to return their overwrought families to a healthier and saner version of themselves. Levine is a trusted expert in the field of child psychology, and we think you and your readers will enjoy her encouraging, hopeful insight. **We would love to provide you with copies of *Teach Your Children Well* for review and/or giveaway on your blog.** Please let me know if you’re interested in a complimentary review copy or would like to host a giveaway.

For more information about *Teach Your Children Well*, visit madelinelevine.com or visit the book’s [HarperCollins page](#) which includes an excerpt from the book. You can also like Madeline on [Facebook](#), or watch her [most recent appearance on Katie Couric](#).

I look forward to hearing from you!

Best regards,
Laurel Boruck